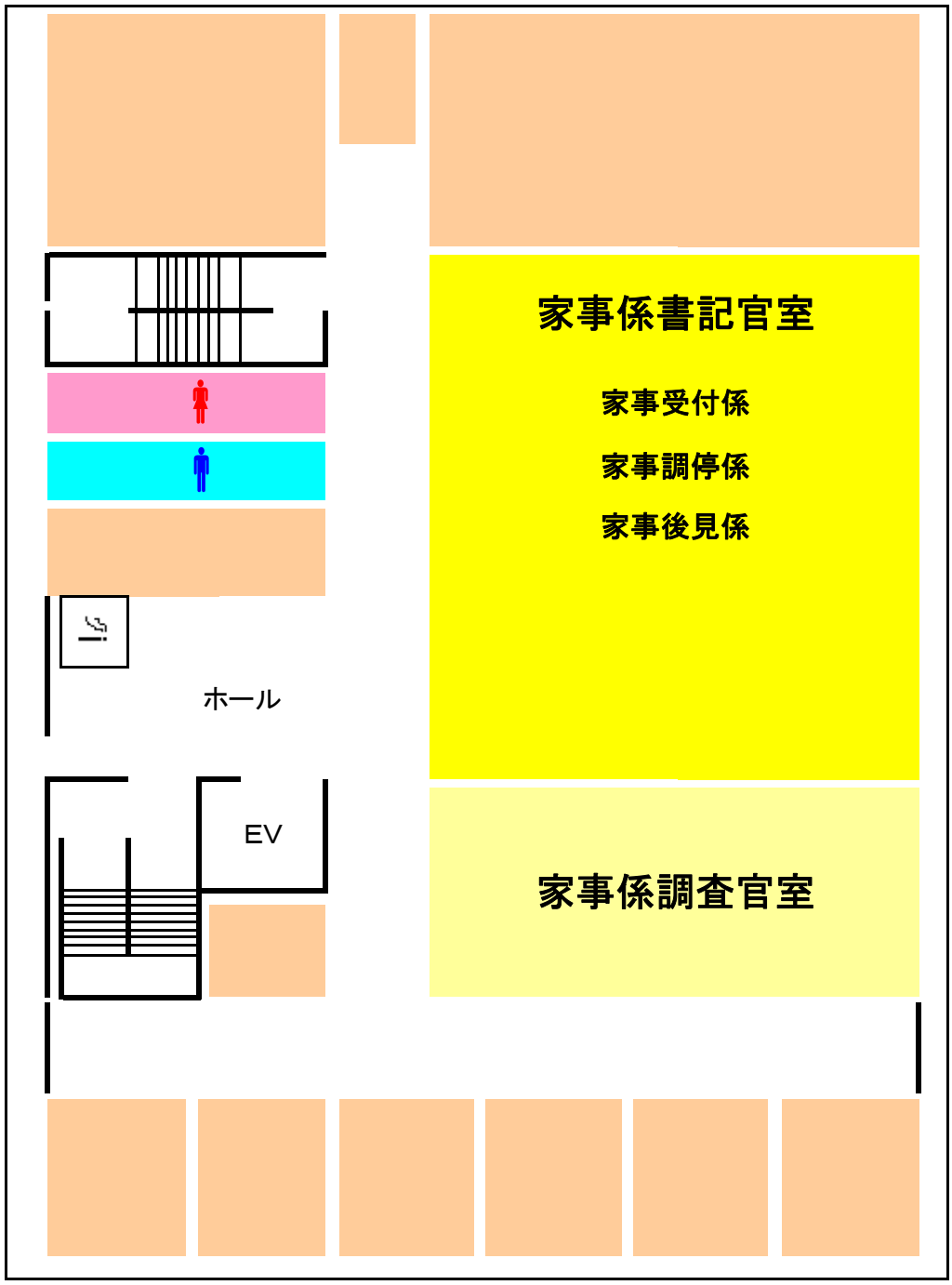3階